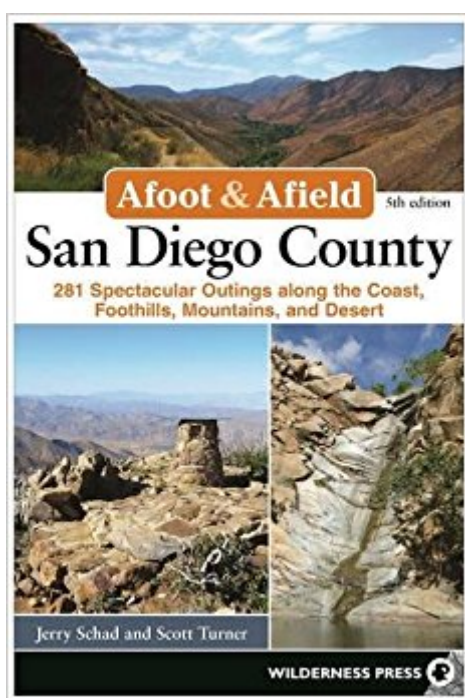


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Afoot And Afield: San Diego County: 281 Spectacular Outings Along The Coast, Foothills, Mountains, And Desert



Synopsis

Your essential trail guide to San Diego County Since 1986, Jerry Schad's Afoot & Afield: San Diego County has been the premier trail guide for hikers, backpackers, and mountain bikers. In fact, the Los Angeles Times called it the "bible of San Diego hiking." This fifth edition features 282 trips, ranging from short, self-guided nature trails to challenging peak climbs and canyon treks. Coauthor Scott Turner has fully updated this edition, which includes new maps and more than 30 new hikes. The book encompasses almost all public and a few private lands within San Diego County, including Anza-Borrego Desert State Park, Cleveland National Forest, the Cuyamaca Mountains, and numerous county and city parks. It describes routes ranging from brief, family-friendly hikes to multiple-day overnight trips in remote regions of the backcountry, providing equal weight to the scenic and recreational value of each trip. For every route, you'll find at-a-glance essential information, including distance, hiking time, and elevation gain/loss; notes on which trails are suitable for children, mountain bikes, dogs, equestrians, and backpacking; and accurate and precise driving and hiking directions. Plus, each trip features at least one significant botanical, cultural, or geological highlight with detailed information about what makes it special.

Book Information

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Customer Reviews

Jerry Schad was the author of 15 books before his death at age 61 from kidney cancer. Scott Turner has been exploring the Southern California backcountry for more than a decade. He lives in Vista,

CA, with his beautiful wife and temperamental cat.

I'm new to San Diego and like the guide.

Fantastic addition to my collection of "things to do in San Diego." This book is THOROUGH, and I can't imagine even one trail was left out. The assessment of skill level and terrain is right on the money. I often bring my dog along, so I appreciate the guides suggestions about which hikes work for our canine friends as well. I look forward to enjoying trails around my world for years to come.

Fantastic new edition. SO much research and thought went into this book. Previous editions were also great but with a county as big as San Diego an update was overdue. Scott Turner does an outstanding job with the book, I have already completed 18 hikes on NEW trails (to me) with the guidance and excellent descriptions provided. It is so helpful to know if dogs are allowed, etc. Well done!

Excellent whether new to SD or lived here quite some time. So much to learn & not enough day to explore all that is in book.

This book is an invaluable resource for hiking trails in San Diego County. Can't recommend this book enough!

This new edition is a must for local hikers.

This is THE HIKING BOOK for San Diego county-- it is absolutely incredible! I have other hiking books for places in the area, but none of them are so thorough and detailed. There are 39 different chapters, organized according to areas, for example, there are more than a dozen chapters devoted to the massive Anza Borrego desert, one of my favorite places to explore. In addition to great parks like Anza, there are hike descriptions for all the coastal areas, like bays and beaches, and lots of chapters on mountain hikes like Palomar and the Laguna mountains. The hikes range from easy day hikes suitable for kids to long backpacking treks into the wilderness-- there are hikes for all different levels and interests. Every hike (and there are 282 in the book!) contains all the stats like mileage and hiking time and trail difficulty, but the best aspect of the book, in my opinion, is how well written and descriptive all of the hikes are! Scott Turner does an amazing job, throughout the book,

of writing engaging and beautiful descriptions, complete with photos, of the lovely landscapes and wildlife that you will encounter on your hikes. As soon as I got my copy, I began poring over the chapters and totally lost track of time because the book is so engaging and fun to read-- hours later, and many post-its later, I have a long list of new adventures-- many of them are places right here in my backyard that I never even knew existed! There are also helpful charts in the beginning of the book that break down the hikes by difficulty, elevation gain, etc. and let readers know if dogs or mountain bikes are allowed on the trails-- this is excellent, as I have a new bike and am excited to find some good spots to ride. I brought the book with me to Anza Borrego this week, during the wildflower season, and discovered some new places and hikes that are now some of my favorites (Coyote Canyon-- never seen so many flowers in my life!). It will take me YEARS to get through even a small portion of the many beautiful hikes included in this book. Jerry Schad, who produced the original version of this book, would be so thrilled and impressed with this revised edition-- no one could have done it better than Scott Turner! This is, as the Los Angeles Times has called it, the Bible of San Diego hiking. If you live here or are taking a trip to explore the outdoors in San Diego county, you definitely want this one in your backpack!

My SO is very outdoorsy, and I'm... kind of outdoorsy? I got this as an anniversary gift for him to use when we go on hiking dates. There is plenty of information in here, I love that there are directions to the hikes, helpful tips, elevations, "good for kids/pets" etc. My only complaint is that it doesn't list if there are restroom facilities available. You're probably thinking "but, you're out in nature! Pop a squat behind a bush!"... well, some places are very crowded, and some don't have vegetation to hide behind... I have a digestive disorder and it would be really helpful if I knew there was a bathroom where I'm going beforehand so I can try to plan and pack accordingly.

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